



MIND IN MOTION

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Not by pen, but by charcoal I discovered How I Write. By visually representing the writing process, I saw connections to the elements. To investigate, I reviewed my past writings, organizing the pages by their stage. I found what defined each stage: not the content or quality of the writing, but the *movement of the mind*.

In brainstorming, the wind-mind **wanders** until it gathers enough energy, as lightning, to take new form. The drafting stage progresses wherever **fueled** by the fire-mind. As these embers settle, the mineral earth-mind **molds** and revises the scaffolding. Here, the piece takes root like the bonsai, as the plant earth-mind edits each sentence branch, **pruning** where it fruits and flowers. Lastly, as water sustains life, the reader gives life to writing. Through a reader's lens, the water-mind can **absorb** and experience the flow of the piece, filtering obstructions to the current, the message.

The pinwheel on the following page was crafted to translate to all learners: words for the linguistic, pictures for the visual, haiku for the auditory, geometric shape for the mathematical, element connections for the naturalists, and pinwheel feature for the kinesthetic. *Mind in Motion* captures the cyclic and interconnected relation of the stages and their movement within and among each other.

MIND IN MOTION

Weaving lines by pen
Notions wisp into crescendo
While force finds charge

Flickers, blazes, ash
Combustion of ideas
Which flame will you feed

Growing dust layers
Thoughts dug through time and pressure
Again discovered

Chosen seeds take root
The writer will pick, prune, pinch
Intentionally

Shallows to rapids
Margin banks are shepherded
Avoid dilution



STEP 1: CUT ALONG THE DASHED LINES.

STEP 2: PUNCH BRAD PIN THROUGH CENTER.

STEP 3: SPIN AND BEGIN BRAINSTORMING.