CONSIDERING THE ROLE OF SILENCE

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Silence is the “third speaker in a conversation.”¹ Without silence, all communication would be noise with no center. Moments of silence allow time for thoughts and emotions to process. Silence embodies a philosophy of openness to others; a dedication to being open provides space to cultivate the whole human person. Using reading and writing, we can experience both silence and non-silence while reflecting. These spaces are opportunities for critical thinking, to witness that which lies there: Our deeper selves.

The reader has the space to understand and interpret what they have read; The writer finds the space to reflect: Is this what I want to say?

There is more to communication and writing than just filling space; Come to a space of silence, and then move beyond...