After Hours Medical Care and Community Referrals

In a true emergency on campus: (severe difficulty breathing, chest pain, serious bleeding) call Police Services at (360) 867-6140. Or you can call Medic One directly by dialing 9-911 from a campus phone or dial 911 from your home or cell phone.

Medicaid in Washington State is called **Apple Health**. There are five separate Apple Health Insurance plans: Amerigroup, Community Health Plan (CHP), Coordinated Care, Molina and United Healthcare Community Plan.

### Emergency Rooms in Olympia

**Providence St. Peter’s Hospital**: (360) 493-7289  
(This is a comprehensive, regional hospital)  
413 Lilly Rd. NE  
Olympia, WA 98506  
Financial services may be available through the business office/financial counselor. Please tell ER staff when you check in that you need financial assistance.

**Capitol Medical Center** (360) 956-2590  
(This is the closest emergency facility to TESC campus)  
3900 Capitol Mall Drive SW  
Olympia, WA 98502

### Urgent Care Clinics

**Providence Immediate Care @ West Olympia Family Medicine**  
(360) 486-6710  
1620 Cooper Point Road SW  M-F 8am-8pm  
Olympia, WA 98502  Sat/Sun 9am-5pm  
Accepts all private and Apple Health Insurances.

**Sea Mar CHC-Thurston Walk-In Clinic** (360) 742-5000  
205 Lilly Rd. NE  M-Sun 11am-10pm  
Olympia, WA 98506

**West Care Clinic** (360) 357-9392  
3000 Limited Lane NW  Sat/Sun 9-5  
Olympia, WA 98502  
Accepts most insurances, some Apple Health (Molina & CHP)  
(Bus Route #48 from TESC)

**FOR GROUP HEALTH or KAISER PERMANENTE PATIENTS**

**Kaiser Permanente** (360) 923-7740  
700 Lilly Rd NE  M-F 8am-7pm  
Olympia, WA 98506  Sat/Sun 9am-4pm  
24-hour Consulting Nurse Phone Line: 1-800-297-6877  
(Bus Route #60 from downtown bus station)

**Rapid Orthopaedic Care @ Olympia Orthopaedic Associates**  
8140 Freedom Lane NE  7 days a week 10am-7pm  
Lacey, WA 98516

### Reproductive Health Care Options

**Planned Parenthood of the Great Northwest** (360) 754-5522  
Can schedule online: Plannedparenthood.org  
402 Legion Way Suite 201, Olympia, WA 98501  
*Take Charge provider*

**South Sound Women's Center** (360) 705-1259  
3920 Capital Mall Drive SW, Suite 400  
Olympia, WA 98502

**Complete Women's Health Care**  
(360) 754-9409  
200 Lilly Rd. NE, Suite B-2  
Olympia, WA 98506

**Olympia Obstetrics & Gynecology** (360) 413-8413  
615 Lilly Rd NE Suite 200, Olympia, WA 98506  
www.olyobgyn.com
Ear Nose and Throat and/or Allergy Immunology Practices

ENT Associates (360) 357-6314
128 Lilly Rd NE
Olympia, WA 98501

Dermatology & Allergy Specialists of
Marlan ENT Center (360) 357-8700
703 Lilly Rd, Suite 103
Olympia, WA. 98506

Dermatology Practices

Dermatology and Allergy Specialists of Olympia (360) 413-8760
304 W. Bay Dr. N.W., Suite 301
Olympia, WA 98502

Olympic Dermatology and Laser Clinic (360) 459-1700
424 Lilly Road NE
Olympia, WA 98506

Primary Care Clinics

Capitol Eastside Family Practice (360) 943-5127
1100 Eastside SE
Olympia, WA 98501

Providencia Family Medicine East (360) 486-6777
525 Lilly Rd, NE, Ste 250
Olympia, WA. 98502

Capitol Family and Sports Medicine (360) 709-9500
2960 Limited Lane NW Ste A
Olympia, WA 98502

Providencia West Olympia Family Medicine (360) 486-6710
1620 Cooper Point Road, SW
Olympia, WA 98502

Providence St. Peter Family Medicine (360) 493-7230
St. Peter Hospital
525 Lilly Rd. NE
Accepts all insurances. Patients are seen by Family Practice residents. Providence Travel clinic also available here.

SeaMar Community Health Center (360) 704-2900
3030 Limited Lane NW
Olympia, Washington 98502-2704
Sliding scale based on income, all insurances accepted

Heritage Family Medicine (360) 704-2362
3333 Harrison Avenue NW
Olympia, WA 98502

Tumwater Family Practice (360) 754-6367
150 Dennis St
Tumwater, WA 98501
Open 7 days per week.

Julie Dybbro, ARNP (360) 754-9409
(Manages hormones (HRT) and transition)
200 Lilly Rd. NE, Suite B-2
Olympia, WA 98506

Vantage Physicians (360) 438-1161
3703 Ensign Rd, NE, Ste 10A
Olympia, WA 98506
Primary Care, $95 monthly fee for 24 hr/7d access and care

Olympia Family Medicine (360) 596-4899
3920 Capital Mall Drive, Suite 200
Olympia, WA 98502

UW Neighborhood Olympia Clinic (360) 507-9100
3525 Ensign Rd NE, Suite B
Olympia, WA 98506
Open Mon - Sat

OlyMed Family Wellness Center (360) 753-0396
1603 Cooper Point Rd. NW
Olympia, WA 98502

For Patients without insurance:
The Olympia Free Clinic (360) 529-1937
(Drop in appointments, first come basis)
108 State Ave NW, Olympia, WA 98501
Open Wednesday and Thursday, 5:30pm to 8:00pm
1st Monday each month: Women’s Health 6-8pm
3rd Monday each month: PT/Chiro 6-8pm;
4th Monday each month: Massage 6-8pm

Olympia Union Gospel Mission No-Fee Clinics (360) 709-9725
(Dental and Vision only)
413 Franklin St NE
Olympia, WA 98501

For patients with insurance who need to be seen by a community provider:

- Locate your insurance card and see if you have a designated Primary Care Provider (PCP). If you do have a PCP, your next step is to contact them for an appointment. Bring your insurance information/card with you.
- If you do not have a PCP, contact the insurance provider – by phone or check on the internet.
  1) Determine if you need a Primary Care Provider (PCP) in order to use your insurance.
  2) Determine if you need a PCP referral for specialty care or if you can self-refer.
  3) From the insurance provider’s web-list, select a PCP and/or specialist. You could compare provider options to our referral list and see if there is a local provider who accepts your insurance.
  4) Contact them for an appointment and be sure to bring your insurance information/card with you.