



Preparation for your Pre-travel Health Consult at Student Wellness Services

To provide the best service, we need this information **BEFORE** a pre-travel consult visit:

Checklist:

- _____ Complete the Student Health Review Form – from the Office of International Programs and Services, and bring it to your appointment. For telehealth visits, upload the completed form to Health eConnect beforehand, 'Uploads' > 'Provider Requested Document' > click upload.
- _____ When scheduling your appointment, relay a full itinerary of your travels; be detailed, include cities, provinces, and/or prefectures where you'll be staying.
- _____ Bring in all available immunization records.
- _____ Bring in any other health records you may have.
You may need to request any prior records; we can help you with the steps needed to do so.
- _____ Any additional forms specific to your program, especially for Consortium study abroad travelers. Bring copies to your pre-travel health consult
- _____ Contact your health insurance company and ask if they cover travel immunizations, e.g. Yellow Fever, Typhoid, Japanese Encephalitis, or Tick-borne Encephalitis vaccines.

What to expect:

- Plan to be at the clinic for at least 45 minutes - 1 hour.
- Individualized review of travel needs and recommendations for your health.
- Appropriate travel-related prescriptions.
- You may need oral and/or injectable vaccines. If not available at SWS, you may be referred.

Costs:

- Students enrolled in 4+ academic credits, who have paid the required quarterly Wellness Fee, are eligible for services at Student Wellness incurring no additional appointment charges. SWS does not bill insurance.
- You may be referred to an outside community healthcare provider for ancillary services, e.g. lab studies, in which case, arrangements can be made for the third party to bill your insurance for related charges.
- Vaccines stocked at SWS do not incur any additional cost, e.g. influenza, Tdap, MMR. However, if you are referred to another clinic/pharmacy for vaccine which is not available at SWS, additional costs may apply and may not be covered by your health insurance.
- Prescription medication orders may be sent to a local pharmacy. Present health insurance information to the pharmacy or download coupons from GoodRx.com if you plan to pay out-of-pocket for prescriptions, e.g. Malaria preventive medication.