

<b>Menu for Week A</b>				
<b>Food Served Week Of: _____</b>				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast:</b>	<b>Breakfast:</b>	<b>Breakfast:</b>	<b>Breakfast:</b>	<b>Breakfast:</b>
Cheerios Blueberries "C" Milk	Oat Bran Muffins Apple Slices Milk	Buttered Toast Oranges "C" Milk	Fruit Muffins Pineapple Milk	Oatmeal Blueberries "C" Milk
<b>Lunch:</b>	<b>Lunch:</b>	<b>Lunch:</b>	<b>Lunch:</b>	<b>Lunch:</b>
French Toast Breakfast Potatoes Hard Boiled Eggs Applesauce Milk	Cheese Pizza Corn and Peas Oranges "C" Milk	Beanie Weenie Steamed Broccoli and Carrots "A" Whole Wheat Rolls Seasonal Fruit Milk	Tuna Salad (Mayo) Green Beans Wheat Bread Blueberries "C" Milk	Tomato Soup Grilled Cheese Pears Milk
<b>PM Snack:</b>	<b>PM Snack:</b>	<b>PM Snack:</b>	<b>PM Snack:</b>	<b>PM Snack:</b>
English Muffins Bananas Water	Noodles with Shredded Cheese Water	Yogurt Banana Water	Buttered Bagels Orange Juice "C"	Cereal Trail Mix (Cheerios, Rice Chex, and Raisins) Milk

**Menu for Week B**      **Food Served Week Of:** \_\_\_\_\_

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast:</b>	<b>Breakfast:</b>	<b>Breakfast:</b>	<b>Breakfast:</b>	<b>Breakfast:</b>
Cheerios Oranges "C" Milk	Buttered Biscuits Peaches Milk	Blueberries "C" Buttered English Muffins Milk	Oat Bran Muffins Pineapple Milk	Oatmeal Applesauce Milk
<b>Lunch:</b>	<b>Lunch:</b>	<b>Lunch:</b>	<b>Lunch:</b>	<b>Lunch:</b>
Turkey Sandwiches Carrot Sticks "A" Bananas Milk	Fish Sticks Egg Noodles Peas and Carrots "A" Oranges "C" Milk	Macaroni and Cheese Broccoli "A" Grapes Milk	Bean & Cheese Burritos Corn Pears Milk	Ravioli Green Beans Honeydew Milk
<b>PM Snack:</b>	<b>PM Snack:</b>	<b>PM Snack:</b>	<b>PM Snack:</b>	<b>PM Snack:</b>
Buttered Bagels Milk	Cottage Cheese Apples Water	Vanilla Yogurt Berries	Graham Crackers Milk	Cheese Bread Orange Juice "C" Or Milk

**Menu for Week C**

**Food Served Week Of:** \_\_\_\_\_

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast:</b>	<b>Breakfast:</b>	<b>Breakfast:</b>	<b>Breakfast:</b>	<b>Breakfast:</b>
English Muffins Oranges "C" Milk	Pancakes Applesauce Milk	Cheerios Pineapple Milk	Oat Bran Muffins Berries "C" Milk	Buttered Toast Peaches Milk
<b>Lunch:</b>	<b>Lunch:</b>	<b>Lunch:</b>	<b>Lunch:</b>	<b>Lunch:</b>
Lasagna with Spinach "A" Seasonal Fruit Milk	Chicken Pot Pie w/Black eyed peas Bananas Milk	Quiche Broccoli Apples Milk	French Toast Breakfast potatoes Eggs Applesauce Milk	Baked Cheese and Refried Bean Quesadilla Corn Oranges "C" Extra Veggies Milk
<b>PM Snack:</b>	<b>PM Snack:</b>	<b>PM Snack:</b>	<b>PM Snack:</b>	<b>PM Snack:</b>
Tuna Salad Sandwiches Water	Noodle Salad with Shredded Carrots "A" Creamy dressing on the side Orange Juice "C"	Vanilla Yogurt Graham Crackers Water	Cottage Cheese Pineapple Water	Berry Muffins Milk

**Menu for Week D**      **Food Served Week Of:** \_\_\_\_\_

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast:</b>	<b>Breakfast:</b>	<b>Breakfast:</b>	<b>Breakfast:</b>	<b>Breakfast:</b>
Fruit Muffins Oranges Milk	Blueberries "C" Oatmeal Milk	Oat Bran Muffins Oranges "C" Milk	Cheerios Apple Slices Milk	Cheerios Blueberries "C" Milk
<b>Lunch:</b>	<b>Lunch:</b>	<b>Lunch:</b>	<b>Lunch:</b>	<b>Lunch:</b>
Grilled Cheese Sandwich Green Beans Bananas Milk	Spaghetti with Lentils and Veggie Sauce "A" Cantaloupe Milk	Chicken patty Garlic Cheese Bread Peas & Carrots Seasonal Fruit Milk	Cheese Pizza Broccoli "A" Honeydew "C" Milk	Ravioli Corn Bread Apples Milk
<b>PM Snack:</b>	<b>PM Snack:</b>	<b>PM Snack:</b>	<b>PM Snack:</b>	<b>PM Snack:</b>
Buttered Bagels Milk	Vanilla Yogurt Peaches Water	Bananas Cheerios Water	Fruit Muffins Milk	Apples Raisins Water

**Menu for Week E**      **Food Served Week Of:** \_\_\_\_\_

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast:</b>	<b>Breakfast:</b>	<b>Breakfast:</b>	<b>Breakfast:</b>	<b>Breakfast:</b>
Oatmeal or Cream of Wheat Pineapple Milk	Buttered Toast Oranges "C" Milk	Buttered English Muffins Apple slices Milk	Cheerios Oranges "C" Milk	Honey Bran Muffins Bananas Milk
<b>Lunch:</b>	<b>Lunch:</b>	<b>Lunch:</b>	<b>Lunch:</b>	<b>Lunch:</b>
Macaroni and Cheese Broccoli "A" Cantaloupe "C" Milk	Egg Salad Pita Sandwich Peas or Green Vegetable Oranges Milk	Breakfast Burrito with Scrambled Eggs and Cheese Potato Cubes Berries "C" Milk	Chicken Patty Mashed Potatoes Green Beans Honeydew Milk	Fish Sticks Egg Noodles Broccoli Seasonal Fruit Milk
<b>PM Snack:</b>	<b>PM Snack:</b>	<b>PM Snack:</b>	<b>PM Snack:</b>	<b>PM Snack:</b>
Nilla Wafers Raisins Water	Fruit Muffins Milk	Pineapple Chunks Cottage Cheese Water	Noodle Salad with Shredded Carrots "A" Ranch on the side Water	Crackers Orange Juice "C"