

JD Shotwell Invitational - 4/4/2009
University of Puget Sound
Baker Stadium, Tacoma, WA
Results

Women 100 Meter Dash

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Stadium: # 12.06 4/17/1999 Christine Axley, PLU
Meet: * 12.06 4/17/1999 Christine Axley, PLU
AUTO II: 11.65
AUTO III: 12.00
PROVO II: 12.10
PROVO III: 12.12
NWC: 13.61

Name	Year	School	Finals	Wind
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H# Points

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Finals

1	James, Chanel	Unattached	X12.22	0.7
1				
2	Sims, Catherine	Mt. Hood	12.64	0.7
1	10			
3	Sims, Crystal	Mt. Hood	12.71	-0.3
2	8			
4	Arceneaux, Lakia	Pacific Lutheran	12.78	0.7
1	6			
5	Zukowski, Megan	WWU	12.84	0.7
1	5			
6	LeBrun, Amy	Pacific Lutheran	12.95	0.7
1	4			
7	Carie, Gwenna	Central	13.00	-0.3
2	3			
8	Peterson, Lisette	Seattle Paci	13.04	0.7
1	2			
9	Houplin, Joana	WWU	13.17	-0.3
2	1			
10	Putnam, Chelsea	Pacific Lutheran	13.20	-0.3
2				
11	Wells, Tish	Central	13.31	0.7
1				
12	Muri, Callie	WWU	13.51	-0.3
2				
13	Couvelier, Elsa	WWU	13.83	-0.3
2				
14	Schuh, Kristen	WWU	14.61	-0.3
2				
15	Bayer, Clarissa	Skagit Valley Co	14.87	0.7
1				
16	Gold, Kellen	St. Martin's	15.16	-0.5
3				
17	Kuhnly, Gail	Unattached	X15.67	-0.5
3				

Women 200 Meter Dash

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Stadium: # 24.75 4/17/1999 Christine Axley, PLU
 Meet: * 24.75 4/17/1999 Christine Axley, PLU
 AUTO II: 24.08
 AUTO III: 24.57
 PROVO II: 24.80
 PROVO III: 24.80
 NWC: 27.76

Name	Year	School	Finals	Wind
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1	James, Chanel	Unattached	X24.90	-0.4
1	2 Siler, Ellie	WWU	25.38	-0.4
1	10			
3	Sims, Catherine	Mt. Hood	25.47	-0.4
1	8			
4	LeBrun, Amy	Pacific Lutheran	26.10	-0.4
1	6			
5	Carie, Gwenna	Central	26.33	-0.4
1	5			
6	Zukowski, Megan	WWU	26.57	-0.4
1	4			
7	Arceneaux, Lakia	Pacific Lutheran	26.58	-1.0
2	3			
8	Feliz, Cheyenne	Lewis & Clark	26.92	-0.4
1	2			
9	Havel, Liska	Lewis & Clark	26.94	1.7
3	1			
10	Peterson, Lisette	Seattle Paci	26.97	-1.0
2				
11	Houplin, Joana	WWU	27.27	-1.0
2				
12	Hood, Britany	Central	27.37	1.7
3				
13	Leiken, Andrea	FR Puget Sound	27.38	1.7
3				
14	Gunderson, Callie	Pacific Lutheran	27.80	1.7
3				
15	Putnam, Chelsea	Pacific Lutheran	27.91	-0.4
4				
16	Muri, Callie	WWU	27.96	1.7
3				
17	Ledtke, Valle	WWU	28.25	1.7
3				
18	Couvelier, Elsa	WWU	28.30	-1.0
2				
19	Farah, Lindsey	Evergreen	28.58	-0.4
4				
20	Heck, Maya	FR Puget Sound	29.36	-0.4
4				
21	Gardner, Angela	Pacific Lutheran	29.81	-0.4
4				

22	Groesbeck, Katherine	Lewis & Clark	30.17	-0.4
4				
23	Bayer, Clarissa	Skagit Valley Co	30.30	1.7
3				
24	Schuh, Kristen	WWU	30.49	-0.4
4				
25	Kuhnly, Gail	Unattached	X32.83	-0.4
4				

Women 400 Meter Dash

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Stadium: # 55.4h 5/3/1980 Rhonda Bell, BCC
 Meet: * 55.4h 5/3/1980 Rhonda Bell, BCC
 AUTO II: 55.00
 AUTO III: 55.90
 PROVO II: 56.60
 PROVO III: 56.80
 NWC: 1:03.23

Name	Year	School	Finals	H#
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Points

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1	Siler, Ellie	WWU	57.04	1	10
2	Feliz, Cheyenne	Lewis & Clark	1:01.03	1	8
3	Pendon, Jessica	St. Martin's	1:01.29	2	6
4	Walters, Anna	Seattle Paci	1:01.60	1	5
5	Butler, Alex	Seattle Paci	1:01.85	1	4
6	Gunderson, Callie	Pacific Lutheran	1:01.88	2	3
7	Hood, Britany	Central	1:03.02	2	2
8	Eckles, Lydia	WWU	1:03.40	2	1
9	Leiken, Andrea	FR Puget Sound	1:03.69	2	
10	Ledtke, Valle	WWU	1:03.94	2	
11	Bayer, Clarissa	Skagit Valley Co	1:08.88	1	
12	Trask, Morgan	Pacific Lutheran	1:09.28	2	

Women 800 Meter Run

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Stadium: # 2:10.9h 4/25/1987 Laura Johnson, Unattched
 Meet: * 2:10.9h 4/25/1987 Laura Johnson, Unattached
 AUTO II: 2:10.40
 AUTO III: 2:11.50
 PROVO II: 2:15.00
 PROVO III: 2:15.00
 NWC: 2:25.44

Name	Year	School	Finals	Points
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1	Anderberg, Lisa	Seattle Paci	2:14.57	10
2	Watson, Cheryl	WWU	2:20.31	8
3	O'Connell, Megan	WWU	2:21.44	6
4	Schmid, Brianna	St. Martin's	2:23.19	5
5	Evans, Nika	FR Puget Sound	2:25.05	4
6	Meisenheimer, Janelle	Pacific Lutheran	2:29.17	3
7	Carlson, Karissa	Evergreen	2:30.47	2
8	Owen, Karissa	St. Martin's	2:32.18	1
9	Olsen, Chelsea	Lewis & Clark	2:32.97	
10	Bassett, Maddy	SR Puget Sound	2:34.12	

11	Fix, Kirsten	Lewis & Clark	2:35.14
12	Farah, Lindsey	Evergreen	2:35.71
13	Miller, Kendra	WWU	2:36.83
14	Grambo, Heather	Pac elite	2:47.09
15	Hilbert, Esther	Mt. Hood	3:04.95

Women 1500 Meter Run

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Stadium: # 4:33.87 4/21/2007 Sarah Zerzan, Willamette
Meet: * 4:34.30 4/23/1988 Minta Misley, PLU
AUTO II: 4:31.00
AUTO III: 4:32.50
PROVO II: 4:41.00
PROVO III: 4:38.00
NWC: 4:59.92

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Name	Year	School	Finals	Points
1 Johnson, Rachael		WWU	4:50.78	10
2 Olsen, Courtney		WWU	4:57.05	8
3 Carlson, Krinda		St. Martin's	4:59.78	6
4 Carlson, Karissa		Evergreen	5:01.61	5
5 Plunkett, Natty		Seattle Paci	5:01.62	4
6 Fix, Kirsten		Lewis & Clark	5:04.96	3
7 Hartnett, Phoebe		WWU	5:05.71	2
8 Boyer, Jessica		WWU	5:06.13	1
9 Oleska, Alayna		Lewis & Clark	5:15.80	
10 Payment, Whitney		Mt. Hood	5:23.34	
11 Baker, Amanda		Mt. Hood	5:26.50	
12 Hilbert, Esther		Mt. Hood	6:37.47	

Women 5000 Meter Run

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Stadium: # 16:45.5h 4/26/1986 Debbie Myra, PSU
Meet: * 16:45.5h 4/26/1986 Debbie Myra, PSU
AUTO II: 17:05.00
AUTO III: 16:55.00
PROVO II: 17:50.00
PROVO III: 17:35.00
NWC: 19:21.63

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Name	Year	School	Finals	Points
1 Porter, Sarah		WWU	17:01.94	10
2 Briehof, Lauren		WWU	17:32.76	8
3 Mullen, Marcie		Central	18:04.35	6
4 Hall, Megan		Everett CC	19:09.85	5
5 Palmer, Hannah		Lewis & Clark	19:31.43	4
6 Smith, Tameka	SR	Puget Sound	19:42.71	3
7 Pecha, Kaitlyn		St. Martin's	19:49.64	2
8 Costigan, Jessica		Everett CC	20:14.65	1
9 Payment, Whitney		Mt. Hood	20:26.09	
10 Peaden, Brooke	FR	Puget Sound	20:29.37	
11 Brisky, Sierra		WWU	20:33.44	
12 Bakeman, Mary		Central	20:34.62	
13 Attwood, Candace		Pacific Lutheran	20:35.28	
14 Kiracofe, Stephanie		Seattle Paci	20:49.03	
15 Blakney, Rebekah		Pacific Lutheran	20:58.83	
16 Minor, Jolene		Everett CC	21:20.19	

17	Cotterill, Lacey	Everett CC	21:23.19
18	Whipple, Kelsey	Everett CC	21:56.87
19	Hanscom, Margaret	Seattle Paci	22:18.18
20	McGill, Krissy	Everett CC	22:36.04

Women 100 Meter Hurdles

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Stadium: # 14.41 4/20/1996 Amy Cameron, WWU
 Meet: * 14.41 4/20/1996 Amy Cameron, WWU
 AUTO II: 14.00
 AUTO III: 14.40
 PROVO II: 14.65
 PROVO III: 14.60
 NWC: 18.08

Name	Year	School	Finals	Wind
H# Points				
1 10	1	McGrane, Caitlin	JR Puget Sound	15.21 -1.1
1 8	2	Araya, Faven	Pacific Lutheran	15.35 -1.1
1 6	3	Schumacher, Terra	Mt. Hood	15.80 -1.1
1 5	4	Pike, Jennifer	Seattle Paci	16.12 -1.1
2 4	5	Herring, Christina	Lewis & Clark	17.68 -0.9
2 3	6	Wong, Ili	SO Puget Sound	17.94 -0.9
1 2	7	Olsen, Tori	Pacific Lutheran	18.42 -1.1
2 1	8	Courtain, Sam	Lewis & Clark	19.00 -0.9

Women 400 Meter Hurdles

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Stadium: # 1:02.05 4/24/2004 Carrie Larsen, PLU
 Meet: * 1:02.74 4/10/2004 Carrie Larsen, SPU
 AUTO II: 1:00.75
 AUTO III: 1:02.00
 PROVO II: 1:03.30
 PROVO III: 1:04.00
 NWC: 1:17.38

Name	Year	School	Finals	Points
1		Pike, Jennifer	Seattle Paci	1:03.05 10
2		Araya, Faven	Pacific Lutheran	1:03.14 8
3		Nobbs, Natalie	Seattle Paci	1:06.85 6
4		Sims, Crystal	Mt. Hood	1:09.82 5
5		Wilkins, Kayla	Seattle Paci	1:10.96 4
6		Herring, Christina	Lewis & Clark	1:11.44 3
7		Pitts, Stephany	Mt. Hood	1:11.66 2
8		Courtain, Sam	Lewis & Clark	1:15.76 1

Women 3000 Meter Steeplechase

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Stadium: # 10:38.57 3/8/2008 Sarna Becker, Unattached
Meet: * 10:59.99 4/5/2008 Brittany Hodgson, Puget Sound
AUTO II: 10:55.00
AUTO III: 10:44.00
PROVO II: 11:27.00
PROVO III: 11:20.00
NWC: 12:50.15
Name Year School Finals Points
=====
1 Krepel, Kayti Seattle Paci 11:27.1h 10
2 Miller, Lexie Pacific Lutheran 11:37.7h 8
3 Williams, Mary Seattle Paci 11:47.3h 6
4 Laweryson, Annie St. Martin's 12:33.8h 5
5 Innes, Corinnes Lewis & Clark 12:44.0h 4

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Women 4x100 Meter Relay

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Stadium: # 47.50 4/22/1995 Plu, PLU
Meet: * 47.50 4/22/1995 , PLU
AUTO II: 46.00
AUTO III: 47.30
PROVO II: 47.90
PROVO III: 47.40
School Finals Points
=====
1 Mt. Hood Community College 'A' 49.43 10
2 Pacific Lutheran Univ. 'A' 49.92 8
3 Central Washington Univ. 'A' 50.96 6
4 Western Washington Univer 'A' 51.97 5
5 Lewis & Clark College 'A' 52.22 4

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Women 4x400 Meter Relay

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Stadium: # 3:51.61 4/22/1995 , PLU
Andrade,Keene,Saathoff,Metzger
Meet: * 3:51.61 4/22/1995 , PLU
Andrade,Keene,Saathoff,Metzger
AUTO II: 3:45.00
AUTO III: 3:49.60
PROVO II: 3:52.00
PROVO III: 3:51.00
School Finals H#
Points
=====
====
1 Western Washington Univer 'A' 3:57.35 1 10
2 Seattle Pacific Universit 'A' 3:59.36 1 8
3 Mt. Hood Community College 'A' 4:07.75 1 6
4 University Puget Sound 'A' 4:13.81 2 5
5 St. Martin'sUniversity 'A' 4:19.67 1 4
6 Central Washington Univ. 'A' 4:21.13 1 3
7 Western Washington Univer 'B' x4:22.86 2
8 Everett CC 'A' 4:55.12 2 2

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Women High Jump

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Stadium: # 1.73m 4/22/1995  Corrina Wolf, SFU
Meet: * 1.73m 4/20/1991  Lisa Grey, CNW
AUTO II: 1.75m
AUTO III: 1.71m
PROVO II: 1.69m
PROVO III: 1.68m
NWC: 1.42m

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Name	Year	School	Finals
1 Brodgon, Jenny		Unattached	X1.62m 5-
03.75			
2 Mattson, Jacquie		Seattle Paci	1.57m 5-
01.75 10			
3 Adair, Megan		U-Saint Martin's	1.52m 4-
11.75 8			
4 Mendenhall, Martha		Unattached	XJ1.52m 4-
11.75			
5 Pitts, Stephany		Mt. Hood	J1.52m 4-
11.75 6			
6 Berg, Siri		Central	1.47m 4-
09.75 5			
7 Wong, Ili	SO	Puget Sound	1.42m 4-
07.75 4			
8 McGrane, Caitlin	JR	Puget Sound	J1.42m 4-
07.75 3			
9 Dewalt, Melissa		Pacific Lutheran	J1.42m 4-
07.75 2			
10 Smith, Kelsey		Pacific Lutheran	1.37m 4-
06.00 1			
-- Olsen, Tori		Pacific Lutheran	NH

Women Pole Vault

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Stadium: # 4.04m 4/5/2008  Jennie Sewell, Club Northwest
Meet: * 4.04m 4/5/2008  Jennie Sewell, Club Northwest
AUTO II: 3.95m
AUTO III: 3.82m
PROVO II: 3.55m
PROVO III: 3.65m
NWC: 2.51m

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Name	Year	School	Finals
1 Peaslee, Melissa		Seattle Paci	3.60m 11-
09.75 10			
2 Schumacher, Terra		Mt. Hood	J3.60m 11-
09.75 8			
3 Miller, Christy		WWU	3.45m 11-
03.75 6			
4 Allan, Carrie		Seattle Paci	J3.45m 11-
03.75 5			

5	Mueller, Robin	WWU	3.15m	10-
04.00	4			
6	Quick, Jennifer	WWU	3.00m	9-
10.00	3			
7	DiEnno, Amanda	WWU	J3.00m	9-
10.00	2			
8	Couvelier, Elsa	WWU	J3.00m	9-
10.00	1			
9	Austin, Sydney	WWU	2.85m	9-
04.25				
10	Glenn, Cindy	Central	2.70m	8-
10.25				
10	Kreft, Kelsey	Central	2.70m	8-
10.25				
10	Anderson, Angela	St. Martin's	2.70m	8-
10.25				
10	Herr, Emily	JR Puget Sound	2.70m	8-
10.25				
10	DiMarco, Diana	WWU	2.70m	8-
10.25				
15	Mangubat, Alicia	WWU	2.55m	8-
04.25				
16	Heck, Maya	FR Puget Sound	2.40m	7-
10.50				
16	Stiever, Bailey	FR Puget Sound	2.40m	7-
10.50				
--	Gedde, Kjersti	Seattle Paci	NH	
--	Gustavson, Annie	Lewis & Clark	NH	
--	Johnson, Jennifer	St. Martin's	NH	
--	Santos-Bishop, Laura	Lewis & Clark	NH	
--	Havel, Liska	Lewis & Clark	NH	

Women Long Jump

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Stadium: # 5.84m 4/18/1992 Stephanie Libbyl, WU
 Meet: * 5.84m 4/18/1992 Stephanie Libby, WU
 AUTO II: 5.90m
 AUTO III: 5.80m
 PROVO II: 5.69m
 PROVO III: 5.62m
 NWC: 4.75m

Name	Year	School	Finals	Wind
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Points

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1	Warman, Emily	WWU	5.48m	-0.5
17-11.75	10			
2	James, Chanel	Unattached	X5.21m	-3.0
17-01.25				
3	Putnam, Chelsea	Pacific Lutheran	5.13m	-2.0
16-10.00	8			
4	Havel, Liska	Lewis & Clark	4.94m	-1.1
16-02.50	6			
5	Miller, Christy	WWU	4.88m	-1.6
16-00.25	5			

6 Wong, Ili	SO Puget Sound	4.69m	-1.8
15-04.75 4			
7 Tune, Kim	Mt. Hood	4.67m	-1.9
15-04.00 3			
8 Butler, Gail	WWU	4.66m	-1.9
15-03.50 2			
9 McGrane, Caitlin	JR Puget Sound	4.57m	-2.4
15-00.00 0.50			
9 Muri, Callie	WWU	4.57m	-1.2
15-00.00 0.50			
11 Dewalt, Melissa	Pacific Lutheran	4.53m	-2.6
14-10.50			
12 Rose, Amanda	Central	4.20m	-1.6
13-09.50			
13 Groesbeck, Katherine	Lewis & Clark	4.09m	-2.7
13-05.00			
13 Tsukamaki, Brady	Pacific Lutheran	4.09m	-2.0
13-05.00			
15 Bird, Stacey	Mt. Hood	4.00m	-2.5
13-01.50			

Women Triple Jump

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Stadium: # 11.89m 4/17/1999 Jane Wallace, WWU
 Meet: * 11.89m 4/17/1999 Jane Wallace, WWU
 AUTO II: 12.15m
 AUTO III: 12.00m
 PROVO II: 11.60m
 PROVO III: 11.55m
 NWC: 9.63m

Name	Year School	Finals	Wind
Points			
=====			
1 Warman, Emily	WWU	11.40m	-2.4
37-05.00 10			
2 Woodke, Jordyn	Unattached	X10.70m	-0.9
35-01.25			
3 Rose, Amanda	Central	10.46m	-0.4
34-04.00 8			
4 Muri, Callie	WWU	10.36m	-1.8
34-00.00 6			
5 Arceneaux, Lokia	Pacific Lutheran	10.27m	-1.2
33-08.50 5			
6 Tune, Kim	Mt. Hood	9.73m	-1.3
31-11.25 4			
7 Adair, Megan	U-Saint Martin's	9.60m	-1.7
31-06.00 3			
8 Dewalt, Melissa	Pacific Lutheran	9.53m	-0.8
31-03.25 2			
9 Nobbs, Natalie	Seattle Paci	9.46m	-1.6
31-00.50 1			
10 Putnam, Chelsea	Pacific Lutheran	9.36m	-1.1
30-08.50			
11 Bird, Stacey	Mt. Hood	9.35m	-1.0
30-08.25			

12 Tsukamaki, Brady	Pacific Lutheran	9.19m	-1.8
30-02.00			
13 Groesbeck, Katherine	Lewis & Clark	8.91m	-2.4
29-02.75			

Women Shot Put

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Stadium: # 48-06.50 3/21/1981 J. Luebke, WVCC
Meet: * 14.14m 4/17/1993 Molly Dugan, WOC
AUTO II: 14.70m
AUTO III: 14.20m
PROVO II: 13.26m
PROVO III: 13.25m
NWC: 9.78m

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Name	Year	School	Finals
Points			
=====			
1 Tandle, Krissy		Central	14.76m* 48-
05.25 10			
2 Afoa, Shaina		Central	12.32m 40-
05.00 8			
3 Self, Torie		Central	12.13m 39-
09.75 6			
4 Chase, Karen	SR	Puget Sound	11.95m 39-
02.50 5			
5 Strot, Kesley		Mt. Hood	11.93m 39-
01.75 4			
6 Hacker, Taylor		Pacific Lutheran	11.55m 37-
10.75 3			
7 Stueckle, Jordan		Central	11.14m 36-
06.75 2			
8 Ramos, Chelsey		Mt. Hood	10.92m 35-
10.00 1			
9 Madden, Amy		Lewis & Clark	10.41m 34-
02.00			
10 Brown, Robin		WWU	10.09m 33-
01.25			
11 Fritts, Melissa	FR	Puget Sound	9.32m 30-
07.00			
12 Johnson, Elizabeth		Lewis & Clark	9.30m 30-
06.25			
13 Wallace, Jasmine		Pacific Lutheran	8.71m 28-
07.00			
14 Mahaffey, Emily		Lewis & Clark	8.70m 28-
06.50			
15 Keys, Morgan		Unattached	X8.67m 28-
05.50			
16 Wong, Ili	SO	Puget Sound	7.45m 24-
05.50			

Women Discus Throw

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Stadium: # 47.48m 5/2/1981 Marcia Mechlenberg, Unattached
Meet: * 47.48m 5/2/1981 Marcia Mechlenberg, Unattached

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AUTO II: 47.70m
 AUTO III: 46.38m
 PROVO II: 44.00m
 PROVO III: 43.00m
 NWC: 30.13m

Name	Year	School	Finals
1 Afoa, Shaina	125-07	Central	38.29m
2 Self, Torie	123-01	Central	37.53m
3 Tandle, Krissy	122-00	Central	37.20m
4 Strot, Kesley	109-05	Mt. Hood	33.35m
5 Hacker, Taylor	107-07	Pacific Lutheran	32.79m
6 Johnson, Elizabeth	105-08	Lewis & Clark	32.22m
7 Keys, Morgan	104-03	Unattached	X31.79m
8 Wallace, Jasmine	98-07	Pacific Lutheran	30.06m
9 Klee, Maggie	94-05	FR Puget Sound	28.77m
10 Landerholm, Katherine	93-01	Lewis & Clark	28.37m
11 Stueckle, Jordan	91-01	Central	27.77m
12 Fritts, Melissa	85-02	FR Puget Sound	25.95m
13 Mahaffey, Emily	61-10	Lewis & Clark	18.86m

Women Hammer Throw

Stadium: # 49.21m 3/23/2007 Megan Wochnick, PLU
 Meet: * 48.30m 4/5/2008 Taylor Hacker, PLU
 AUTO II: 54.60m
 AUTO III: 52.60m
 PROVO II: 48.75m
 PROVO III: 49.50m
 NWC: 31.40m

Name	Year	School	Finals
1 Hacker, Taylor	178-08	Pacific Lutheran	54.46m#
2 Tandle, Krissy	146-05	Central	44.63m

53.01m 52.20m FOUL 49.89m 54.46m 51.24m
 FOUL 44.63m FOUL 41.41m FOUL FOUL

3	Stueckle, Jordan	Central	42.94m
140-10	6		
	FOUL 41.86m 42.94m FOUL FOUL 40.96m		
4	Self, Torie	Central	41.89m
137-05	5		
	FOUL 35.79m FOUL 39.56m 38.90m 41.89m		
5	Blake, Jillian	St. Martin's	41.75m
137-00	4		
	37.81m FOUL 41.09m 39.46m 39.95m 41.75m		
6	Wallace, Jasmine	Pacific Lutheran	37.27m
122-03	3		
	32.51m 35.12m 32.81m 31.97m FOUL 37.27m		
7	Kaligis, Lauren	WWU	34.72m
113-11	2		
	FOUL FOUL 34.72m 31.25m FOUL FOUL		
8	Fenton, Kelly	Pacific Lutheran	34.39m
112-10	1		
	FOUL 30.66m 33.35m 32.12m FOUL 34.39m		
9	Arceneaux, Lakia	Pacific Lutheran	26.71m
87-07			
	FOUL 26.56m 26.71m		
10	Fritts, Melissa	FR Puget Sound	25.80m
84-08			
	25.32m 25.80m 24.06m		
--	Klee, Maggie	FR Puget Sound	FOUL
	FOUL FOUL FOUL		

Women Javelin Throw

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Stadium: # 50.69m 4/23/1988 Patricia Perry, Puget Sound
Meet: * 50.68m 4/23/1988 Patricia Perry, Puget Sound
AUTO II: 45.00m
AUTO III: 44.20m
PROVO II: 40.84m
PROVO III: 41.00m
NWC: 31.75m
Name Year School Finals
Points
=====
=====
1 Schantin, Jeeni Seattle Paci 45.42m
149-00 10
2 Kennedy, Lacey Mt. Hood 39.81m
130-07 8
3 McMeel, Katie Central 34.79m
114-02 6
4 Fenton, Kelly Pacific Lutheran 33.24m
109-01 5
5 Cone, Lacey Pacific Lutheran 32.98m
108-02 4
6 Blake, Jillian St. Martin's 32.31m
106-00 3
7 McGrane, Caitlin JR Puget Sound 32.22m
105-08 2
8 Tandle, Krissy Central 32.18m
105-07 1

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9	Ramos, Chelsey	Mt. Hood	31.38m
102-11			
10	Landerholm, Katherine	Lewis & Clark	31.30m
102-08			
11	Andrews, Carly	Seattle Paci	31.01m
101-09			
12	Johnson, Elizabeth	Lewis & Clark	30.01m
98-05			
13	Trujillo, Shanyese	WWU	29.52m
96-10			
14	Marino, Lauryn	WWU	20.19m
66-03			
15	Mahaffey, Emily	Lewis & Clark	15.07m
49-05			

Men 100 Meter Dash

=====

Stadium: # 10.65 4/18/1998 Ricardo Colon, Clackamas CC
 Meet: * 10.65 4/18/1998 Ricardo Colon, Clackamas CC
 AUTO II: 10.45
 AUTO III: 10.55
 PROVO II: 10.65
 PROVO III: 10.78
 NWC: 11.46

Name	Year	School	Finals	Wind
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H# Points

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1	Stewart, Darrell	JR Puget Sound	11.20	0.4
1	10			
2	Tilley, Alex	WWU	11.28	0.4
1	8			
3	Strong, Micah	Mt. Hood	11.31	1.2
2	6			
4	Mann, Trystan	Central	11.33	0.4
1	5			
5	Gruger, Shane	WWU	11.35	0.4
1	4			
6	Bennett, Phillip	Unattached	X11.37	2.2
3				
6	Carpenter, Kevin	Lewis & Clark	11.37	1.2
2	3			
8	Felt, Justin	Seattle Paci	11.42	1.2
2	2			
9	Grounds, Micah	Seattle Paci	11.50	2.2
3	1			
10	Blum, Isaac	SR Puget Sound	11.52	1.2
2				
11	Villanueva, Phillip	WWU	11.59	1.2
2				
12	Orji, Lionel	Central	11.61	2.2
3				
13	Demouchet, Christian	Central	11.62	1.2
2				
14	Jackson, Nate	Pacific Lutheran	11.63	2.2
3				

15	Miura, Joey	WWU	11.64	0.4
1				
16	Daltoso, Nick	Central	11.66	1.2
2				
17	Gray, Andrew	WWU	11.78	2.2
3				
18	Waller, Mike	Unattached	X11.83	-1.3
4				
19	Ramos, Jordan	Pacific Lutheran	11.85	-1.3
4				
20	Wargo, Ben	WWU	11.86	2.2
3				
21	Sims, Jason	Unattached	X11.96	-1.3
4				
22	Morales, Gabe	Unattached	X11.97	-1.3
4				
23	Alexander, Colin	Pacific Lutheran	11.98	0.4
1				
24	Galvin, Andrew	SR Puget Sound	12.00	2.2
3				
25	Colombini, Neil	Pacific Lutheran	12.03	-1.3
4				
26	Dye, Alex	WWU	12.06	-1.8
5				
27	Caraballo, Nick	Pacific Lutheran	12.17	-1.3
4				
28	Snyder, Maxx	WWU	12.18	-1.3
4				
29	Pierce-Wright, Chris	SO Puget Sound	12.21	-1.8
5				
30	Cunningham, Donovan	WWU	12.24	-1.8
5				
31	Ramirez, Hilario	Seattle Paci	12.33	-1.3
4				
32	Speetjens, Frank	JR Puget Sound	12.37	-1.8
6				
33	Shoemaker, Jason	Evergreen	12.41	-1.8
5				
33	Paez, Michael	Skagit Valley Co	12.41	-1.8
5				
35	Combs-Bachmann, Alex	Evergreen	12.59	-1.8
5				
36	Adams, Nolan	Pacific Lutheran	12.63	-1.8
6				
37	Engen, Alex	Skagit Valley Co	12.66	0.4
1				

Men 200 Meter Dash

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Stadium:	#	21.5h	5/1/1982	Erick Krauss, University of Pacific
Meet:	*	21.5h	5/1/1982	Erick Krauss, University of Pacific
AUTO II:		21.08		
AUTO III:		21.31		
PROVO II:		21.50		
PROVO III:		21.75		
NWC:		23.44		

Name	Year	School	Finals	Wind
H#	Points			
1	10	Mt. Hood	22.66	NWI
2	3	Unattached	X22.68	NWI
3	7	Pacific Lutheran	22.87	NWI
3	2	Lewis & Clark	22.87	-1.2
5	2	Mt. Hood	23.00	-1.2
6	2	Central	23.02	-1.2
7	2	Seattle Paci	23.25	-1.2
8	2	Mt. Hood	23.31	-1.2
9	2	SR Puget Sound	23.53	-1.2
10	4	Pacific Lutheran	23.66	-1.4
11	5	Pacific Lutheran	23.68	NWI
12	2	Mt. Hood	23.69	-1.2
13	2	WWU	23.79	-1.2
14	3	WWU	23.89	NWI
14	3	Central	23.89	NWI
16	4	Evergreen	23.96	-1.4
17	5	Pacific Lutheran	24.16	NWI
18	5	SR Puget Sound	24.29	NWI
19	4	WWU	24.31	-1.4
20	5	Pacific Lutheran	24.61	NWI
21	6	SO Puget Sound	24.67	-3.2
22	4	Seattle Paci	24.97	-1.4
23	5	Pacific Lutheran	25.04	NWI
24	4	Seattle Paci	25.13	-1.4
25	6	Skagit Valley Co	25.28	-3.2
26	6	Evergreen	25.60	-3.2

27 Engen, Alex Skagit Valley Co 25.93 -3.2
6

Men 400 Meter Dash

=====

===
 Stadium: # 46.87 4/17/1999 Derek Prior, Unattached
 Meet: * 46.87 4/17/1999 Derek Prior, Unattached
 AUTO II: 46.80
 AUTO III: 47.35
 PROVO II: 48.00
 PROVO III: 48.50
 NWC: 52.03

Name	Year	School	Finals	H#
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Points

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1	Hope, Nate	Mt. Hood	49.74	1	10
2	Moog, Isaac	Pacific Lutheran	49.98	1	8
3	O'Connell, Matthew	WWU	50.66	1	6
4	Faber, Brandon	Mt. Hood	51.64	1	5
5	David, Toby	WWU	51.90	2	
3.50	5 Lara, Ryan	Evergreen	51.90	1	
3.50	7 Toves, Nick	Pacific Lutheran	51.98	2	2
	8 Lindstrom, Travis	Mt. Hood	53.35	2	1
	9 Nupen, Ryan	Pacific Lutheran	53.52	3	
	10 Stevens, Markus	Mt. Hood	53.71	2	
	11 Berman, David	Lewis & Clark	54.41	3	
	12 Sosa, Frank	Skagit Valley Co	55.34	2	
	13 Wall, Brett	Mt. Hood	55.65	3	
	14 Burgoyne, Taylor	Seattle Paci	56.29	2	
	15 Engen, Alex	Skagit Valley Co	56.51	3	
	16 Lawrence, Justin	Everett CC	1:02.66	4	
	-- McKiever, Marquis	Central	DNF	1	

Men 800 Meter Run

=====

Stadium: # 1:50.6h 4/20/1991 Ted Hamlin, SPU
 Meet: * 1:50.6h 4/20/1991 Ted Hamlin, SPU
 AUTO II: 1:50.00
 AUTO III: 1:51.30
 PROVO II: 1:53.00
 PROVO III: 1:53.20
 NWC: 2:00.16

Name	Year	School	Finals	Points
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=====

1	Ramirez, Douglas	Pac elite	1:55.76	10
2	Camron, Will	Unattached	X1:57.14	
3	Cronkhite, Corey	Central	1:59.58	7
3	Bedell, Sam	WWU	1:59.58	7
5	Sleight, Nathanael	Seattle Paci	2:00.37	5
6	Andrascik, Sean	Pacific Lutheran	2:00.91	4
7	Phillips, John	Pacific Lutheran	2:01.26	3
8	Trowbridge, Seth	Everett CC	2:01.68	2
9	Santos, Matt	WWU	2:02.18	1

10	Ishenin, Slavic		Mt. Hood	2:02.31
11	Nakano, Cam	JR	Puget Sound	2:02.49
12	Cheslik, Josiah		Everett CC	2:02.58
13	Bras, Orion		Pacific Lutheran	2:03.00
14	Snowden, Robert	FR	Puget Sound	2:03.53
15	Wahlenmaier, Jacob		Everett CC	2:03.78
16	McDuff, Daniel		Lewis & Clark	2:04.31
17	Spencer, David		WWU	2:04.37
18	Hunt, Spencer		St. Martin's	2:05.14
19	Wall, Casey	FR	Puget Sound	2:06.30
20	Sosa, Frank		Skagit Valley Co	2:06.60
21	Elias, Mitch		Everett CC	2:07.02
22	Fitzer, Fritz		Lewis & Clark	2:09.38
23	Caffrey, Noah		St. Martin's	2:10.07
24	Johnson, Keith		Unattached	X2:11.29
25	Warren, Andy		Everett CC	2:11.93
26	Randles, Andy		Unattached	X2:12.37
27	Duchaine, Brian		Unattached	X2:13.67
28	Horde, Nick		Skagit Valley Co	2:21.15

Men 1500 Meter Run

=====

Stadium: # 3:52.1h 4/23/1988 Todd Bearny, HCC
 Meet: * 3:52.1h 4/23/1988 Todd Beamy, Highline CC
 AUTO II: 3:47.00
 AUTO III: 3:50.60
 PROVO II: 3:54.00
 PROVO III: 3:55.80
 NWC: 4:08.51

Name	Year	School	Finals	Points	
1		Bedell, Sam	WWU	4:05.63	10
2		Brill, Eric	WWU	4:08.69	8
3		Abraham, Nick	WWU	4:09.51	6
4		Hunt, Spencer	St. Martin's	4:09.66	5
5		Kubitz, Greg	WWU	4:10.61	4
6		Ishenin, Slavic	Mt. Hood	4:12.30	3
7		Butler, Cam	JR Puget Sound	4:13.51	2
8		Wall, Casey	FR Puget Sound	4:15.70	1
9		Johnson, Tom	Central	4:19.60	
10		Sosa, Frank	Skagit Valley Co	4:21.06	
11		Caffrey, Noah	St. Martin's	4:22.45	
12		Brown, Jake	WWU	4:25.15	
13		Barnes, Clayton	Unattached	X4:32.33	
14		Fitzer, Fritz	Lewis & Clark	4:34.83	
15		Small, Zach	FR Puget Sound	4:38.10	
16		Horde, Nick	Skagit Valley Co	4:46.19	
17		Pedey, Brian	Pacific Lutheran	4:48.74	
18		Barr, Clinton	St. Martin's	4:57.57	
19		Talmadge, Patrick	St. Martin's	5:19.40	

Men 5000 Meter Run

=====

Stadium: # 14:11.8h 5/18/1974 Jim Johnson, CNW
 Meet: * 14:34.45 4/10/2004 Eric Tolefson, Unattached
 AUTO II: 14:10.00
 AUTO III: 14:28.00

PROVO II: 14:50.00
 PROVO III: 14:48.00
 NWC: 15:48.32

Name	Year	School	Finals	Points
1 Duquette, Corey		Navy/Brookd	14:57.61	10
2 Price, Josiah		St. Martin's	15:08.85	8
3 Fraser, Ian		Unattached	X15:28.87	
4 Nilsen, Tyler		Everett CC	15:38.81	6
5 Bonica, Andrew	JR	Puget Sound	15:38.82	5
6 LeDonne, Richie		Lewis & Clark	15:54.05	4
7 Roberts, John		Lewis & Clark	15:54.06	3
8 Carman, Jeff		Lewis & Clark	15:55.42	2
9 Johnson, Kyle		WWU	15:58.54	1
10 Jenkins, Cory		Pac elite	16:01.97	
11 Hamilton, Daniel		Seattle Paci	16:03.23	
12 Jakobsen, Casper		WWU	16:03.38	
13 Meis, Chad		Seattle Paci	16:03.82	
14 Lance, Jordan		Seattle Paci	16:28.11	
15 Harvey, Nick		St. Martin's	16:32.74	
16 Wahlenmaier, Jacob		Everett CC	16:44.30	
17 Wagner, Andy		Everett CC	16:50.03	
18 Mellenberger, Daniel		Everett CC	18:03.12	
19 Horn, TJ		Everett CC	18:24.11	

Men 110 Meter Hurdles

=====

Stadium: # 14.1h 6/3/1967 Bill Roe, UW
 Meet: * 14.4h 4/20/1991 Keith Baker, CWU
 AUTO II: 14.15
 AUTO III: 14.42
 PROVO II: 14.75
 PROVO III: 14.95
 NWC: 17.14

Name	Year	School	Finals	Wind
H# 1 Wargo, Ben		WWU	15.80	-2.1
1 10				
2 Gray, Andrew		WWU	16.20	-2.1
1 8				
3 Howelton, Brian		Mt. Hood	16.29	1.5
2 6				
4 Davies, Colby		Pacific Lutheran	16.52	-2.1
1 5				
5 Harris, Darnell		Central	16.58	-2.1
1 4				
6 Myhre, Kevin		WWU	16.76	-2.1
1 3				
7 Williams, Kyle		Central	16.89	-2.1
1 2				
8 Wilton, Eric		Lewis & Clark	18.29	1.5
2 1				
9 Alexander, Colin		Pacific Lutheran	20.04	1.5
2				

Men 400 Meter Hurdles

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    Stadium: #   53.11  4/20/1991  Goreal Hudson, CWU
      Meet: *   53.11  4/16/1994  Goreal Hudson, CSU
    AUTO II:    51.65
    AUTO III:   52.70
    PROVO II:   53.30
    PROVO III:  54.50
      NWC:     1:01.70
  
```

Name	Year	School	Finals	H#
Points				
=====				
===				
1 Villanueva, Phillip		WWU	55.23	1 10
2 Myhre, Kevin		WWU	55.38	1 8
3 Wargo, Ben		WWU	56.92	1 6
4 Howelton, Brian		Mt. Hood	1:00.15	1 5
5 Harris, Darnell		Central	1:01.05	1 4
6 Hibbard, Dan		Pacific Lutheran	1:02.07	2 3
7 Demouchet, Christian		Central	1:02.70	1 2
8 Berman, David		Lewis & Clark	1:03.44	2 1
9 Wilton, Eric		Lewis & Clark	1:07.43	2

Men 3000 Meter Steeplechase

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=====
    Stadium: #   9:01.0h  4/18/1998  Eric Tollefson, Unattached
      Meet: *   9:01.0h  4/18/1998  Eric Tollefson, Unattached
    AUTO II:    9:09.00
    AUTO III:   9:07.34
    PROVO II:   9:24.00
    PROVO III:  9:23.00
      NWC:     10:40.39
  
```

Name	Year	School	Finals	Points
=====				
1 Berhe, Yonas		WWU	9:58.1h	10
2 Elias, Mitch		Everett CC	10:06.9h	8
3 Friesen, Daniel		Seattle Paci	10:12.4h	6
4 Romey, Matt		Mt. Hood	10:34.4h	5
5 Gongora, Gilmer		Mt. Hood	10:35.4h	4
6 Hamilton, Andrew		Seattle Paci	10:35.9h	3
7 Kratzer, Josh		Central	10:52.3h	2
8 Martin, Alex		Pacific Lutheran	10:58.1h	1
9 Martin, Austin		Pacific Lutheran	11:15.2h	

Men 4x100 Meter Relay

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=====
    Stadium: #   41.40  4/17/1993  , Western Oregon State
      Meet: *   41.40  4/17/1993  , Western Oregon College
    AUTO II:    40.25
    AUTO III:   41.10
    PROVO II:   41.15
    PROVO III:  42.00
      School
  
```

School	Finals	Points
=====		
1 University Puget Sound 'A'	43.97	10

2 Western Washington Univer	'A'	44.38	8
-- Pacific Lutheran Univ.	'A'	DQ	
-- Mt. Hood Community College	'A'	DQ	

Men 4x400 Meter Relay

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===
 Stadium: # 3:16.67 4/18/1992 , Central Washington Unive
 Meet: * 3:16.67 4/18/1992 , Central Washington Unive
 AUTO II: 3:11.00
 AUTO III: 3:13.00
 PROVO II: 3:13.30
 PROVO III: 3:17.00

School	Finals	H#
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Points
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1 Pacific Lutheran Univ.	'A'	3:24.07	1	10
2 Western Washington Univer	'A'	3:24.52	1	8
3 Mt. Hood Community College	'A'	3:27.55	1	6
4 Western Washington Univer	'B'	x3:27.94	2	
5 Mt. Hood Community College	'B'	x3:35.23	1	
6 Central Washington Univ.	'A'	3:36.74	1	5
7 Western Washington Univer	'C'	x3:39.35	2	
8 Everett CC	'A'	3:39.62	2	4
9 University Puget Sound	'A'	3:39.68	1	3
10 Western Washington Univer	'D'	x3:46.20	2	
11 University Puget Sound	'B'	x3:52.32	2	

Men High Jump

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=====
 Stadium: # 2.10m 4/10/2004 Jeff Skiba, Unattached
 Meet: * 2.10m 4/10/2004 Jeff Skiba, Linfield
 AUTO II: 2.12m
 AUTO III: 2.11m
 PROVO II: 2.08m
 PROVO III: 2.01m
 NWC: 1.80m

Name	Year	School	Finals
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Points
 =====

=====

1 Bailey, Cameron		Central	1.97m	6-
05.50	10			
2 Richardson, Bill		St. Martin's	1.92m	6-
03.50	8			
3 Faust, Tyler		Pacific Lutheran	1.87m	6-
01.50	6			
4 Wagner, Nathan		Seattle Paci	1.82m	5-
11.50	5			
5 Wilton, Eric		Lewis & Clark	1.72m	5-
07.75	4			
6 Adams, Nolan		Pacific Lutheran	1.67m	5-
05.75	2.50			
6 Howelton, Brian		Mt. Hood	1.67m	5-
05.75	2.50			

8	Alexander, Colin	Pacific Lutheran	1.62m	5-
03.75	0.50			
8	Speetjens, Frank	JR Puget Sound	1.62m	5-
03.75	0.50			
--	Pedey, Brian	Pacific Lutheran	NH	

Men Pole Vault

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Stadium: # 5.03m 4/18/1992 Curt Heywood, Linfield
 Meet: * 5.03m 4/18/1992 Curt Heywood, Linfield
 AUTO II: 5.05m
 AUTO III: 5.04m
 PROVO II: 4.80m
 PROVO III: 4.70m
 NWC: 3.94m

Name	Year	School	Finals	
Points				
=====				
1	McCoy, Scott	Club Northwe	X4.75m	15-
07.00				
2	Winters, Josh	WWU	4.30m	14-
01.25	10			
3	Holt, Chester	Pacific Lutheran	4.15m	13-
07.25	8			
4	Woodard, Hayden	WWU	J4.15m	13-
07.25	6			
5	Cronenwett, Nick	SR Puget Sound	4.00m	13-
01.50	5			
6	Hoza, Nic	WWU	J4.00m	13-
01.50	4			
7	Lloyd, Will	WWU	3.85m	12-
07.50	3			
8	Millson, Michael	WWU	J3.85m	12-
07.50	2			
9	Chavez, Ismael	WWU	J3.85m	12-
07.50	1			
10	Schulz, Andy	FR Puget Sound	3.55m	11-
07.75				
--	Vaughn, KC	Mt. Hood	NH	
--	Brown, Ryan	WWU	NH	

Men Long Jump

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Stadium: # 7.30m 4/22/1995 Rob Rising, CWU
 Meet: * 7.30m 4/22/1995 Rob Rising, CWU
 AUTO II: 7.50m
 AUTO III: 7.30m
 PROVO II: 7.21m
 PROVO III: 6.96m
 NWC: 6.28m

Name	Year	School	Finals	Wind
Points				
=====				
=====				

1	Felt, Justin	Seattle Paci	6.74m	-1.0
22-01.50	10			
2	Williams, Kyle	Central	6.52m	-1.2
21-04.75	8			
3	Gruger, Shane	WWU	6.31m	-2.2
20-08.50	6			
4	DiMario, Alec	FR Puget Sound	6.27m	-0.3
20-07.00	5			
5	Mann, Trystan	Central	6.16m	-2.0
20-02.50	4			
6	Orji, Lionel	Central	5.94m	-2.2
19-06.00	3			
7	Schmidt, Karl	Seattle Paci	5.59m	-2.8
18-04.25	2			
8	Howelton, Brian	Mt. Hood	5.59m	-2.7
18-04.25	1			
9	Speetjens, Frank	JR Puget Sound	5.43m	-2.0
17-09.75				
10	Wagner, Nathan	Seattle Paci	5.40m	-1.7
17-08.75				
11	Satterwhite, Tim	WWU	5.38m	-1.1
17-08.00				
12	Frischman, Beau	Mt. Hood	5.14m	-0.3
16-10.50				
13	Wallace, Jeremy	Mt. Hood	5.06m	-1.7
16-07.25				
--	Davies, Colby	Pacific Lutheran	ND	NWI

Men Triple Jump

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Stadium: # 50-05 4/17/1993 James McCann, WOC
Meet: * 50-05 4/17/1993 James McCann, WOC
AUTO II: 15.30m
AUTO III: 14.80m
PROVO II: 14.55m
PROVO III: 14.00m
NWC: 12.17m

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Name	Year	School	Finals	Wind
Points				
=====				
1	Bailey, Cameron	Central	13.20m	-1.1
43-03.75	10			
2	Satterwhite, Tim	WWU	13.03m	+0.0
42-09.00	8			
3	Howelton, Brian	Mt. Hood	13.01m	-0.8
42-08.25	6			
4	Moog, Isaac	Pacific Lutheran	12.88m	-0.5
42-03.25	5			
5	DiMario, Alec	FR Puget Sound	12.35m	+0.0
40-06.25	4			
--	Schmidt, Karl	Seattle Paci	ND	NWI

Men Shot Put

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Stadium: # 57-04 6/3/1967 John Allamano, UW
 Meet: * 16.94m 4/22/1995 Scott Easley, WWU
 AUTO II: 16.90m
 AUTO III: 17.25m
 PROVO II: 16.00m
 PROVO III: 15.55m
 NWC: 12.68m

Name	Year	School	Finals
Points			
=====			
1 Fischer, Tyler		Central	15.03m 49-
03.75 10			
2 Kayhan, Dincer		WWU	14.78m 48-
06.00 8			
3 Middleton, AJ	SR	Puget Sound	14.50m 47-
07.00 6			
4 Cunningham, Donovan		WWU	13.96m 45-
09.75 5			
5 Velasquez, JR		Mt. Hood	13.90m 45-
07.25 4			
6 Varkevisser, Brandon		WWU	13.66m 44-
09.75 3			
7 Elder, Ben		WWU	13.58m 44-
06.75 2			
8 Swanson, Victor		Pacific Lutheran	13.25m 43-
05.75 1			
9 McNeill, Conor		Pacific Lutheran	12.93m 42-
05.25			
10 Nielsen, Jeff		Pacific Lutheran	12.53m 41-
01.50			
11 Ramirez, Daniel		Central	12.44m 40-
09.75			
12 Larson, Neil		Central	11.87m 38-
11.50			
13 Skogsberg, Nik		WWU	11.76m 38-
07.00			
14 Smith, Curtis		Lewis & Clark	11.61m 38-
01.25			
15 Clark, Cody		Pacific Lutheran	11.58m 38-
00.00			
16 Ford, Mycal		Pacific Lutheran	11.17m 36-
07.75			
17 Reece, Will		Mt. Hood	11.15m 36-
07.00			
18 Orji, Lionel		Central	10.97m 36-
00.00			
19 Smith, Grant		Lewis & Clark	10.86m 35-
07.75			
20 Anselmi, Nigel		Pacific Lutheran	10.75m 35-
03.25			
21 Nichols, Tyler		WWU	10.74m 35-
03.00			
22 Weber, Adrian		Mt. Hood	10.72m 35-
02.00			
23 Derwin, Jace		Seattle Paci	10.27m 33-
08.50			

24 Ostler, Mychal	Central	10.19m	33-
05.25			
25 Volk, Tim	Seattle Paci	10.09m	33-
01.25			
26 McNutt, Brett	Mt. Hood	9.81m	32-
02.25			
27 Foster, Stephen	WWU	9.80m	32-
02.00			
28 Speetjens, Frank	JR Puget Sound	9.10m	29-
10.25			

Men Discus Throw

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Stadium: # 52.84m 6/4/1966 Al Pemberton, UW
 Meet: * 50.44m 4/17/1999 Tony Hoiby, CWU
 AUTO II: 53.00m
 AUTO III: 52.50m
 PROVO II: 49.08m
 PROVO III: 47.50m
 NWC: 39.77m

Name	Year	School	Finals
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Points

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1 Fischer, Tyler		Central	49.15m
161-03	10		
2 Elder, Ben		WWU	47.64m
156-03	8		
3 Ford, Mycal		Pacific Lutheran	46.86m
153-09	6		
4 Cunningham, Donovan		WWU	45.44m
149-01	5		
5 Washington, Sam		St. Martin's	42.31m
138-10	4		
6 Ramirez, Daniel		Central	41.22m
135-03	3		
7 Anselmi, Nigel		Pacific Lutheran	40.50m
132-10	2		
8 Ostler, Mychal		Central	39.87m
130-10	1		
9 Velasquez, JR		Mt. Hood	38.77m
127-02			
10 Bailey, Greg		SR Puget Sound	37.36m
122-07			
11 Michaelson, Bryant		WWU	37.28m
122-04			
12 Weber, Adrian		Mt. Hood	37.01m
121-05			
13 Foster, Stephen		WWU	34.58m
113-05			
14 Swanson, Victor		Pacific Lutheran	33.65m
110-05			
15 Ramos, Joel		Pacific Lutheran	33.42m
109-08			
16 Kayhan, Dincer		WWU	33.15m
108-09			

17 Larson, Neil 104-09	Central	31.93m
18 Smith, Grant 99-09	Lewis & Clark	30.40m
19 Nichols, Tyler 95-05	WWU	29.08m
20 Volk, Tim 93-01	Seattle Paci	28.37m
21 Derwin, Jace 92-00	Seattle Paci	28.05m
22 Smith, Curtis 90-08	Lewis & Clark	27.64m
23 Adams, Nolan 88-06	Pacific Lutheran	26.99m

Men Hammer Throw

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Stadium: # 64.86m 4/23/1988 Neil Kneip, Unattached
 Meet: * 64.84m 4/23/1988 Neil Kneip, Unattached
 AUTO II: 59.00m
 AUTO III: 57.60m
 PROVO II: 52.42m
 PROVO III: 51.46m
 NWC: 39.88m

Name	Year	School	Finals
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Points

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1 Fischer, Tyler 179-00 10	Central	54.55m
48.80m 51.58m 50.74m 51.12m 51.75m 54.55m		
2 McNeill, Conor 168-05 8	Pacific Lutheran	51.33m
51.33m 49.78m 49.96m 50.50m FOUL 48.68m		
3 Bailey, Greg 166-02 6	SR Puget Sound	50.65m
FOUL 47.49m 50.65m 49.01m FOUL 48.77m		
4 Hoffman, Michael 163-07	Unattached	49.86m
FOUL 49.86m FOUL 47.51m 47.88m FOUL		
5 Middleton, AJ 157-00 5	SR Puget Sound	47.85m
FOUL 46.23m FOUL 47.85m FOUL FOUL		
6 Washington, Sam 152-05 4	St. Martin's	46.45m
43.37m 46.31m 45.64m 46.45m FOUL FOUL		
7 Ostler, Mychal 151-10 3	Central	46.27m
46.00m FOUL FOUL FOUL FOUL 46.27m		
8 Elder, Ben 144-10 2	WWU	44.14m
44.14m FOUL 42.22m 43.80m 42.46m FOUL		
9 Anselmi, Nigel 138-00 1	Pacific Lutheran	42.07m
35.45m 39.20m 42.07m		

10 Nielsen, Jeff	Pacific Lutheran	41.69m
136-09		
41.69m FOUL FOUL		
11 Price, Brian	Pacific Lutheran	39.84m
130-08		
38.93m 39.84m FOUL		
12 Ramos, Joel	Pacific Lutheran	38.88m
127-07		
38.88m FOUL FOUL		
13 Berkedal, Bjorn	Pacific Lutheran	37.46m
122-11		
FOUL 37.46m FOUL		
14 Ramirez, Daniel	Central	35.49m
116-05		
FOUL 35.49m FOUL		
15 Michaelson, Bryant	WWU	33.77m
110-09		
31.80m 32.03m 33.77m		
16 Larson, Neil	Central	32.47m
106-06		
32.47m FOUL FOUL		
17 Nichols, Tyler	WWU	32.20m
105-08		
32.20m FOUL FOUL		
18 Clark, Cody	Pacific Lutheran	25.16m
82-06		
FOUL 25.16m FOUL		

Men Javelin Throw

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Stadium: # 64.32m 4/18/1992 Ken Weinberg, Linfield
Meet: * 64.32m 4/18/1992 Ken Weinberg, Linfield
AUTO II: 63.50m
AUTO III: 62.50m
PROVO II: 58.84m
PROVO III: 57.30m
NWC: 51.17m

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Name	Year School	Finals
Points		
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1 Brewer, Justin	Unattached	X60.43m
198-03		
2 Lucke, Kenton	Central	54.40m
178-06 10		
3 Robinson, Kyle	Mt. Hood	53.89m
176-10 8		
4 Wilhelmy, Steven	WWU	52.76m
173-01 6		
5 Kinderman, Jacob	St. Martin's	49.54m
162-06 5		
6 Dekock, Ben	WWU	48.78m
160-00 4		
7 Lloyd, Will	WWU	46.33m
152-00 3		

7 McCormick, Patrick 152-00	Unattached	X46.33m
9 Vaughn, KC 148-04 2	Mt. Hood	45.22m
10 Speetjens, Frank 147-09 1	JR Puget Sound	45.04m
11 Price, Brian 146-06	Pacific Lutheran	44.65m
12 Beck, Kyle 146-02	Pacific Lutheran	44.56m
13 Valentine, Bob 143-08	WWU	43.80m
14 Hudson, Kevin 142-08	St. Martin's	43.48m
15 Weber, Adrian 140-04	Mt. Hood	42.77m
16 Loquvam, Jacob 139-04	St. Martin's	42.47m
17 Smith, Grant 126-02	Lewis & Clark	38.46m
18 Berkedal, Bjorn 122-09	Pacific Lutheran	37.41m